

Curriculum Vitae

NAME: Tiffany Jean Barsotti
HEAL and THRIVE
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PLACE OF BIRTH: San Bernardino, California

POSITIONS

1985 - 1999	International Music Manager for Artists in Media and Entertainment, Sound Management, Los Angeles, CA and New York City, NY
1999 - 2003	Executive Business Development, Senior Project Manager, Program Manager, MP3.com, San Diego, CA.
2003 - 2006	Subject Matter Domain Expert Intellectual Property Rights and Copyright Law -- Strategic Consultant to dot coms, law and entertainment firms: Selverne, Mandelbaum and Mintz, LLP
2006 - 2008	Health Practitioner, Contemporary Health Care, Austin, TX
2008 - 2009	Research Coordinator, Gunnar Optiks, Carlsbad, CA
2008 - 2009	Researcher, A Study of Computer Vision Syndrome, Gunnar Optiks, Carlsbad, CA
2010 - 2014	Clinical Director, Psy-Tek Labs, LLC, Encinitas, CA – Subtle Energy Clinical Measurement and Research Lab
2006 - Current	Private Practice Healer, Spiritual and Medical Intuition Counselor, HEAL AND THRIVE, multiple states in the US, with international services
2015 - Current	Associate Director for Research and Healing Modalities, Medicine of The Soul
2015 - 2019	Topic Expert, Biofield Sciences and Healing Channel, JIYO.com
2017 - 2018	Villa Kali Ma Treatment and Recovery Center, Carlsbad, CA
2017 – Current	Visiting Scholar University of California at San Diego
2015 – Current	Consciousness and Healing Initiative CHI – Advisory Panel of Experts
2018 – Current	IHPC – International Health Policy Consortium – Advisory
2018 – Current	Cancer Revivership – Advisory and Grant Review Committee
2020 – Current	Alegria Farms – Restorative Farming Practices – Advisory Committee

EDUCATION | TRAINING

1986-1990	Certificate Degree in Recording Arts and Sciences with emphasis in Copyright Law, Publishing and Marketing, University of California at Los Angeles
2004 – 2006	Polestar Pilates Instructor Training in Functional Biomechanics
2005 – 2010	M.Th. Masters in Theology, Energy Medicine with special emphasis in Spiritual and Medical Counseling Holos University Graduate Seminary, Kansas City, MO Graduated with Honors

2008 – 2010	Certified Medical Intuitive Levels I and II, Holos University Graduate Seminary (Chicago, IL and Springfield, MO)
2005 – 2009	Training to become an Ordained Minister, All Faiths Church for Spirituality and Health, Unity Village, Kansas City, MO.
2007 – 2009	CoreStar Healing school, Hands-On Healing based on the Barbara Brennan technique, Kansas City, MO
2009 - 2016	Certified Practitioner of Personal Self Integration Subconscious Selves training, Center for Human Potential, Sedona, AZ
Spring 2010	Introduction to Consciousness Science; University Arizona, Tucson Center for Consciousness Studies
Fall 2010	Advanced Course in Consciousness Science; University Arizona, Tucson Center for Consciousness Studies
2010 - 2011	Certification for Medical Thermographer, Institute of Applied Medical Thermology (IAMT), CCT Certified Clinical Thermographer
2010 – 2011	Pranic Healing Levels I through V
2011 – 2012	Certified Practitioner of Energy Psychology, Levels I and II; Association for Comprehensive Energy Psychologies (ACEP)
2011	Certification Biofeedback, California Institute for Human Science, Encinitas, CA
2011	Certified Instructor for Bio Electrophotography, Gas Discharge Visualization technology training, Kirilionics Institute, St. Petersburg, Russia
2012 – 2014	Two-year Fellowship in American Society of Endobiogenic Medicine and Integrative Physiology (ASEMIP), San Diego, CA
2013	Theta Healing DNA, Encinitas, CA
2012 – 2014	Kalos Transformational Healing: levels 1 thru 5, various locations, CA.
2014	Bio-Well Device Certification Training Course, led by Drs. Konstantin Korotkov and Krishna Madappa, Boulder, CO.
2014 - 2016	Doctoral student of Integral Health with emphasis in Biophysics, California Institute for Human Science, Encinitas, CA
2014	Gut, Skin, Dental Microbiome Conference Attendee, Sanford Burnham, La Jolla, CA
2015	Gerson Institute Module 1 Training Oncology Nutrition, San Diego, CA - May 14, 2015
2015	Bio-Well Electrophotonics Device Advanced Training, Santa Fe, New Mexico August 4-6, 2015
2015	NLP Practitioner Level 1 Training, Ventura California, September 13-18, 2015
2015	Biofield Tuning Level 1 Class – CIHS, Encinitas, California August 13-15, 2015
2015	Practice-Based Research (PBR) and Pragmatic Studies – CTRI and UCSD CIM, La Jolla, CA. December 5, 2015
2016	Certified NLP Master Practitioner, Ventura California, March 12-20, 2016
2016	Bio-Well Electrophotonics Level 2 – Endocrine System and Bio-Well Advanced Interpretations. Oakland, CA, November 12-14, 2016
2015 - 2017	All Levels of Biofield Tuning with Certification, San Diego, San Jose, CA

2017 - Current	Visiting Scholar at University of California at San Diego
2018	For Impact – Training in For Impact vs. Non-Profit
2018	Opus 23 DataPunk, Genetics training
2019	Intellex Genetics training
2020-Current	PhD Candidate, Akamai University, Kamuela, HI – Topic: <i>The Effects of Sacred Space on the Human Biofield</i>

COMMITTEES

2010 – 2014	Association for Comprehensive Energy Psychologies Research Committee
2010 – 2012	Association for Comprehensive Energy Psychologies Grant Proposal Committee
2012 – 2016	American Society of Endobiogenic Medicine and Integrative Physiology (ASEIMP) Research Committee Chair
2013 - Current	Contributing Scientific Member to CHI Consciousness and Healing Initiative www.CHI.is
2016	ISSSEEM grant review committee
2017 - 2018	Consultant for Jennifer Williams, PhD candidacy research project The Influence of Osteopathy on Children with Autism Spectrum Disorders (ASD) College d'Etudes Osteopathiques/Canadian Collage of Osteopathy
2017 – Current	International Health and Policy Consortium (IHPC) – Committee Member
2018 – Current	Cancer Revivership – Advisory and Grant Review Committee
2020 - Current	Alegria Farms – Restorative Farming Practices – Advisory Committee
2021 – Current	National Organization for Medical Intuitives – Vice President

TEACHING

Assistant teacher and therapist, lead by Morris Netherton, PhD., Holos University Graduate Seminary, Springfield, MO. Multiple years since 2009.

Assistant teacher and therapist, lead by Morris Netherton, Ph.D., Holos University Graduate Seminary, Springfield, MO. Multiple years since 2009

Mind-Body Medicine, Gerson Institute Module 1 Integrative Oncology Training, San Diego, CA. May 14, 2015

Mind-Body Medicine Module, Gerson Institute Module 1 Training Integrative Oncology, San Diego, CA. May 4, 2016

HOW – Hands On Workshop Mind-Body Awareness for Patients and Caregivers, Gerson Institute Staff, San Diego, CA. July 28, 2016

Evolving the Archetypes of Survival to the Archetypes of Grace – Soul Talk, Soul of Yoga, Encinitas, CA. October 23, 2016

Stepping Off the Karmic Wheel – Understanding the Four Survival Archetypes – Inner Temple at EVE, Encinitas, CA December 12, 2016

A Journey to Self-Love – Leaving Codependency Behind – Soul Talk, Soul of Yoga, Encinitas, CA. January 22, 2017

Alchemical Initiations By Fire – The Elemental Series – Inner Temple at EVE Encinitas, CA. January 24, 2017

The Value of Emotional Intelligence, Medical Intuition and Spiritual Counseling for Public Health - UC San Diego School of Medicine of Public Health. February 3, 2020

Navigating Transformation Within The Journey to Wholeness - The Graduate Institute at Yale Divinity School. March 6-7, 2020

Advanced Applications of Bio-Well, Sputnik, Water Sensor, Glove – 3-Day Online Course via HEAL & THRIVE – Co-Taught with Dr. Beverly Rubik. March 28-30, 2020

Personal Self Integration: Merging Personality and Soul – 12 Week Online Course via HEAL & THRIVE. April 4 thru June 25, 2020

Advanced Applications of Bio-Well in Clinical Practice – 2-Day Online Course via HEAL & THRIVE – June 27-28, 2020

Ongoing: 2015 - Current Bio-Well Certification Courses and study groups offered 2-3 times per year in various locations around the United States and online.

Ongoing: 2019 – Current HEAL and THRIVE Courses for Personal Self Integration, Uncovering the Source of Anxiety, Ending the Drama Triangle, and many more relevant courses for Cultivating Know Thyself Skills and Tools for Self Actualization

MEMBERSHIPS: PROFESSIONAL and SCIENTIFIC SOCIETIES

Society for Scientific Exploration (SSE)

American Association for the Advancement of Science (AAAS)

American Society for Cell Biology (ASBC)

American Society for Endobiogenic Medicine and Integrative Physiology (ASEIMP)

Institute for Applied Medical Thermology (IAMT)

Association for Comprehensive Energy Psychologies (ACEP)

Association for Applied Psychophysiology & Biofeedback (AAPB)

International Union of Medical and Applied Bioelectrography (IUMAB)

International Society for Subtle Energy and Energy Medicine (ISSSEEM)
International Health and Policy Consortium (IHPC) – Committee Member
The Society for Consciousness Studies

INVITED LECTURES AND CONFERENCE PRESENTATIONS

The Physiology of Presence and Transcendence: How the Reticular Activating System, Vagus Nerve and Alta Major Chakra may be a Nexus for Bodymind Spirit Consciousness, Science, Information and Spirit Conference, St. Petersburg, Russia; June 2011

Biofield Sciences an Introduction to Subtle Energy Devices, Subtle Energy and Energy Medicine Conference; California Institute for Human Science; San Diego, CA. July 2011

Research Methods Using Non-Invasive Subtle Energy Tests, Pacific College of Oriental Medicine, San Diego, CA. November 2011

Applications of Emotional Memory Therapy. Practitioner Speaker Series Full Spectrum Health Integrative Medical Center, Solana Beach, CA. April 19, 2012

Research Methods Using Non-Invasive Subtle Energy Tests, Pacific College of Oriental Medicine, San Diego, CA. May 2012

Applications of Emotional Memory Therapy. Patient Presentation Teaching Series Full Spectrum Health Integrative Medical Center, Solana Beach, CA. June 2012

The Heart of Integration: A Spiritual Look at the Triune Brain Model, Subtle Energy and Energy Medicine Conference; California Institute for Human Science; San Diego, CA. July 2012

The Subconscious Mind: What is it? Why do we need Self Integration before Group Integration? California Institute for Human Science 2013 Annual Subtle Energy Conference: Uniting Science & Spirit: The Quest for a Sustainable Integrated Worldview. San Diego, CA. July 2013

A Proposed Spiritual Axis of the Bodymind: A Mystical Physiology, CIHS 2014 Annual Conference: Science, Spirituality, & the Healing Arts: View from the Edge of a New Frontier, San Diego, CA. July 2014

Toward a Science of Consciousness 2014 Conference: Poster Session: *A Proposed Spiritual Axis of The Bodymind: How The Reticular Activating System (RAS), Vagus Nerve and The Alta Major Chakra Axis May Be The Nexus of Bodymind/Spirit Consciousness*, Tucson, AZ. April 2014

Getting Off the Drama Triangle to Find Personal Peace. Holistic Chamber of Commerce Wellness Week Event, San Diego, CA. January 31, 2015

A Case of a woman with Bladder Cancer and Uterine Hyperplasia: Endobiogenic Evaluation with Dr. Amy Chadwick, ND, Pacific College of Oriental Medicine, San Diego, CA. August 13, 2015

Mind-Body Medicine, Gerson Institute Module 1 Integrative Oncology Training, San Diego, CA. May 14, 2015

The Quantum Eraser Effect and its Biophysical Implications. Subtle Energy Research Student Presentations: California Institute for Human Science. Encinitas, CA. June 20, 2015

Symposium on Integrative and Complementary Approaches to Cancer Patient Support, Invited speaker and panelist, Soul of Yoga, Encinitas, CA. September 19, 2015

The Quantum Eraser Effect and its Biophysical Implications, Subtle Energy Retreat Blue Sky Ranch, September 25, 2015

Mind-Body Medicine Module, Gerson Institute Module 1 Training Integrative Oncology, San Diego, CA. May 4, 2016

Biofield Devices and Healing: Linking Subtle Energy Medicine with Traditional Medical Systems, Tibetan Medicine Conference to celebrate the 100th Anniversary of the Mentsikhang, Lhasa, Tibet. August 21-22, 2016

Biofield Devices and Healing Practices: Case Presentation Using the Bio-Well: Technology Panel Technologies Role in Facilitating Healing. Academy of Integrative Health and Medicine (AIHM) CHI Consciousness and Healing Initiative, San Diego, CA. November 4, 2016

Case Study Presentation for The Use of Subtle Energy Devices in Medical Practices, Continuing Medical Education Sessions, Autism One, Colorado Springs, Colorado. May 25, 2017

The Use of Subtle Energy Devices in Medical Practices, Continuing Medical Education Sessions, Autism One, Colorado Springs, Colorado. May 26, 2017

Measuring Subtle and the Use of Devices in Clinical Practice, Infinite Possibilities, Chopra Institute for Wellbeing, La Costa, CA. August 2017

Sound Healing and Energy Medicine in Clinical Practice, Soul of Yoga Sound Healing Module One, August 4, 2018

Subtle Energy Devices in Clinical Practice, The Gathering of Eagles - Living Medicine Conference, Scottsdale, AZ September 16, 2018

Free Your Energy, Transform your Life Kripalu Center for Yoga and Health, Co-Presenter of our original content and format with 5 other teachers. October 8-12, 2018

ISSEEM Science Case Presentation: A Woman with Hyperplasia Bladder Cancer and Bio-Well Analysis of Potential Underlying Cause. <http://www.issseemscience.org/> October 8, 2018

Non-Dual Awareness and Wellbeing in the Biomedical Literature, Panel of Experts: Drs. Paul Mills, Deepak Chopra, Zoran Josipovic, Judith Blackstone and Rev. Tiffany Barsotti: 2 Clinicians

and 2 Neuroscientists Discussions as led by Dr. Deepak Chopra. Science and Nonduality SANDS Conference. October 26, 2018

Free Your Energy Transform Your Life: 5-Day program Kripalu Center. Lennox, MA October 8-12, 2018.

Power of We Consciousness and Healing Initiative CHI.is invited subtle energy scientist – Project to measure sacred spaces. October 27 -November 12, 2018.

Free Your Energy Transform Your Life: 4-Day program Kripalu Center. Lennox, MA September 6-13, 2019

Medical Intuition and It's Value in Integrative Medicine: Academy of Integrative Health and Medicine (AIHM) Conference. San Diego, CA October 2019

Navigating Transformation Within the Journey to Wholeness. The Graduate Institute at Yale Divinity School – March 6-8, 2020

Biofield Sciences and Healing, Shift Network Summit on The Science of Healing, March 2020

Resonance, Shift Network Summit on The Science of Healing, March 2021

Personal Self Integration, Shift Network's: The Science of Healing Summit, Feb. & Mar. 2022
Panel On Biofield Sciences, Shift Network's: The Science of Healing Summit, Feb. & Mar. 2022

CONFERENCES and WORKSHOPS ORGANIZED and HOSTED

Advanced Thinkers' Consortium Series Presents: Shui Yin Lo, PhD. *The Biophysics of Stable Water Clusters for Life and Health.* California Institute for Human Science. October 17, 2010

Endobiogeny -Systems Biology: Lunch and Learn Series for Practitioners. March 2012 through March 2013

California Institute for Human Science Community Lunch and Learn Series January 2015 through December 2015

Advanced Thinkers' Consortium Lecture Series Presents:

Lymphatics and Ayurveda Joshua Barr – January 29, 2016

Biophysics and Quantum Biology Nandini Katre – March 31, 2016

Vastu and Sacred Geometry Robin and Michael Mastro – July 8, 2016

Cymatics: Insights into the Art and Science of Sound Health with Jeff Volk and Mandara Cromwell, Soul Institute of Yoga, Encinitas, CA. June 9, 2016

Workshop: Cymatics: A Scientific Approach to Sound Healing with Jeff Volk and Mandara Cromwell, Soul Institute of Yoga, Encinitas, CA. June 11, 2016

Workshop: Get Off the Drama Triangle ~ Get ON the Surrender Triangle, 2 part workshop, Four Moons, Encinitas. September 2017

Workshop: Evolving the Archetypes of Survival to the Archetypes of Grace, 2 part workshop, Four Moons, Encinitas. September 2017

Ongoing and Multiple Bio-Well Certification and HEAL and THRIVE Courses throughout the World

ACADEMIC PUBLICATIONS and RESEARCH REPORTS

Kundart, James; Hayes, John R.; Tai, Yu-Chi; and Sheedy, Jim, "Gunnar Optiks Study: Electromyography and Tear Volume (2008)" (2008). *VPI Research*. Paper 3.
<http://commons.pacificu.edu/verg/3>

Masters Thesis: "A Proposed Spiritual Axis of the Bodymind How the Reticular Activating System (RAS), Vagus Nerve and the Alta Major Chakra Axis May Be the Nexus of Bodymind/Spirit Consciousness" Holos University Graduate Seminary. 2010
Received Honors by the Committee and Chair

The Physiology of Presence and Transcendence: A Tour Through the Bodymind for the Purpose of Reaching Spirit, Proceedings book *Science, Information and Spirit*. St. Petersburg, Russia. July 2011

One-Hour Contact with the Earth's Surface (Grounding) Improves Inflammation and Blood Flow—A Randomized, Double-Blind, Pilot Study, Chevalier, G., Melvin, G. and Barsotti, T. (2015). *Health*, 7, 1022-1059, August 2015

Sowing Seeds of Gratitude to Cultivate Wellbeing, Paul J. Mills, Tiffany Barsotti, Meredith A. Pung, Kathleen L. Wilson, Laura Redwine, and Deepak Chopra, Huffington Post, September 3, 2015

An Overview of Biofield Devices, David Muehsam, PhD; Gaétan Chevalier, PhD; Tiffany Barsotti, MTh; Blake T. Gurfein, PhD., *Global Adv Health Med*. 2015; 4(suppl): 42 -51, 2015

From Survival to Grace: Using Archetypes in Your Personal Evolution, Tiffany Barsotti, Paul Mills, Deepak Chopra. Featured on: Huffington Post, SF Gate, Chopra.com. December 5, 2016

Gratitude and Well-Being, Paul Mills, Tiffany Barsotti, ISSSEEM Subtle Energy Magazine Bridging Science and Spirit. Winter 2017 Volume 27 Issue 4, January 4, 2017

A Brief Tour Through the BodyMind for the Purpose of Reaching Spirit, Tiffany Barsotti, Paul Mills. *Energy Medicine Magazine*. January/February 2017

Blake Gurfein, Tiffany Barsotti, Gaetan Chevalier, Paul J. Mills, David Muehsam. *Biofield Devices. The Scientific Basis of Integrative Medicine, Third Edition*. CRC Press, Leonard A. Wisneski and Lucy Anderson (eds), 2017.

Kamyar M. Hedayat, Benjamin M. Schuff, Jean Claude Lapraz, Tiffany Barsotti, Shahrokh Golshan, Suzi Hong, Barry H. Greenberg, Paul J. Mills. Genito-Thyroid Index: A Global Systems Approach to the Neutrophil-to-Lymphocyte Ratio According to the Theory of Endobiogeny Applied to Ambulatory Patients with Chronic Heart Failure. *Journal of Cardiology & Clinical Research* 5(1): 1091-1095, 2017.

Paul J Mills, Sheila Patel, Tiffany Barsotti, Christine Tara Peterson, Deepak Chopra. Advancing Research on Traditional Whole Systems Medicine Approaches. *Journal of Evidence-Based Complementary & Alternative Medicine* 22:527-530, 2017.

Kamyar M. Hedayat, Jean Claude Lapraz, Benjamin Schuff, Tiffany Barsotti, Shahrokh Golshan, Suzi Hong, Barry H. Greenberg, Paul J. Mills. A novel approach to modeling tissue-level activity of cortisol levels according to the theory of Endobiogeny applied to chronic heart failure. *Journal of Complexity in Health Sciences* 1: 1-8, 2018.

Paul J Mills, Tiffany Barsotti, Deepak Chopra. *Energy Healing Comes Into the Light*
SF Gate: <https://www.sfgate.com/opinion/chopra/article/Energy-Healing-Comes-into-the-Light-15403621.php> - July 13, 2020

Paul J Mills, Tiffany J Barsotti, Judith Blackstone, Deepak Chopra, Zoran Josipovic. *Nondual Awareness and the Whole Person*. Global Advances in Health and Medicine. July 2020

Saiz, J.; Galilea, M.; Molina, A.J.; Salazar, M.; Barsotti, T.J.; Chopra, D.; Mills, P.J. *Spirituality and Employment in Recovery from Severe and Persistent Mental Illness and Psychological Well-Being*. *Healthcare* 2021, 9, 57. <https://doi.org/10.3390/healthcare9010057>

Motino A, Saiz J, Sánchez-Iglesias I, Salazar M, Barsotti TJ, Goldsby TL, Chopra D, Mills PJ. *Cross-Cultural Analysis of Spiritual Bypass: A Comparison Between Spain and Honduras*. *Front Psychol*. 2021 May 6;12:658739. doi: 10.3389/fpsyg.2021.658739.

SELECTED MEDIA

Open Minds: Interfacing with your Higher Mind with Tiffany Barsotti, Interviewed by Regina Meredith for Gaia TV's Open Mind Series, <http://www.gaia.com/video/interfacing-your-higher-mind-tiffany-barsotti#sthash.tFOj6s6O.dpuf> November 2015

JiYO – Deepak Chopra Wellness Platform -- Channel Expert: *Biofield Sciences and Healing*
www.Jiyo.com (ongoing)

Contributing Scientific Member to CHI Consciousness and Healing Initiative
www.CHI.is <https://www.youtube.com/watch?v=PX2MqusXpCU>

From Survival to Grace: Using Archetypes in Your Personal Evolution, Tiffany Barsotti, Paul Mills, Deepak Chopra. Featured on: Huffington Post, SF Gate, Chopra.com. December 5, 2016

Evolving the Archetypes of Survival to the Archetypes of Grace: Gaia TV Open Minds with Regina Meredith : <https://www.gaia.com/video/personality-archetypes-and-higher-self-tiffany-barsotti>; December 2017

Healing Family Dynamics with Rev. Tiffany Barsotti: <https://reginameredith.com/healing-family-dynamics-with-rev-tiffany-barsotti/> ReginaMeredith.com. 2018

Activating the Gut-Brain-Spirit Connection for Higher Consciousness: Hay House Radio; Heather Dane Show August 8, 2018; <http://heatherdane.com/activating-gut-brain-spirit-connection-higher-consciousness/#respond>

Spirit Matters Talk Interview via Podcast: October 17, 2018 <http://spiritmatterstalk.com/rev-tiffany-barsotti/> or <https://podbay.fm/podcast/1047541843/e/1539788642>

Working Through Trauma with Tiffany Barsotti: Gaia TV Open Minds with Regina Meredith: <https://healandthrive.com/resources/gaia-videos/> February 2019

Overcoming Anxiety: Gaia TV Open Minds with Regina Meredith: <https://healandthrive.com/resources/gaia-videos/> July 2021

Overcoming Mentacide: Gaia TV Open Minds with Regina Meredith: <https://healandthrive.com/resources/gaia-videos/> February 2022

For a more up to date listing: <https://www.healandthrive.com/press-kit>